Explanation on next slide
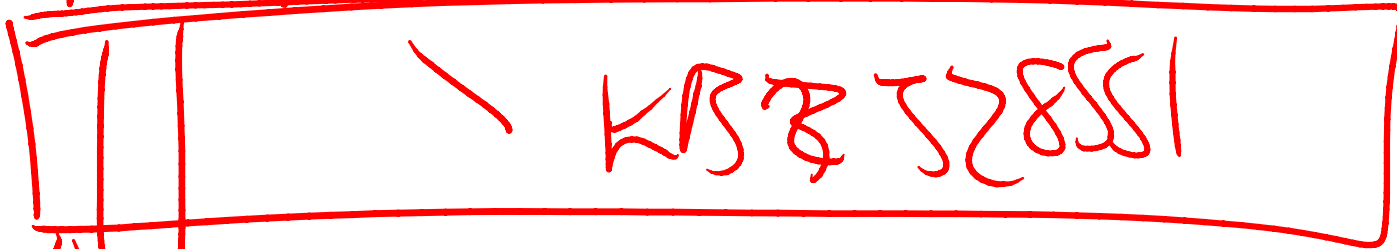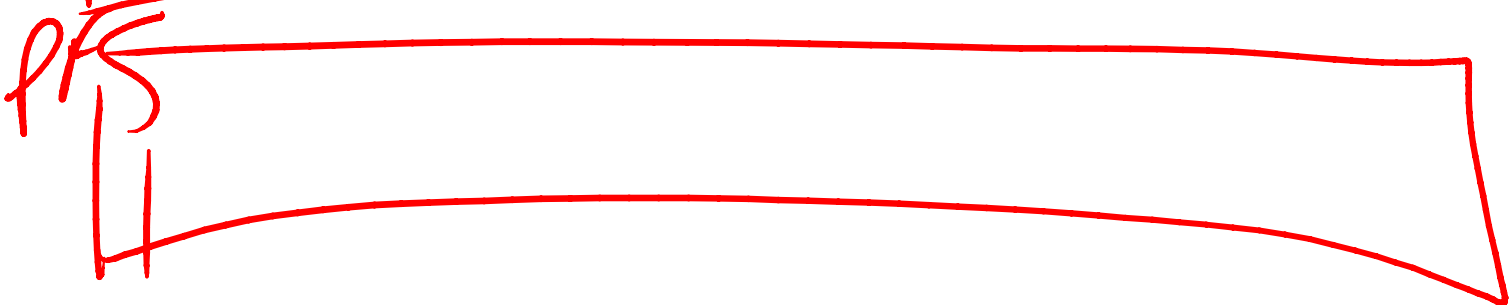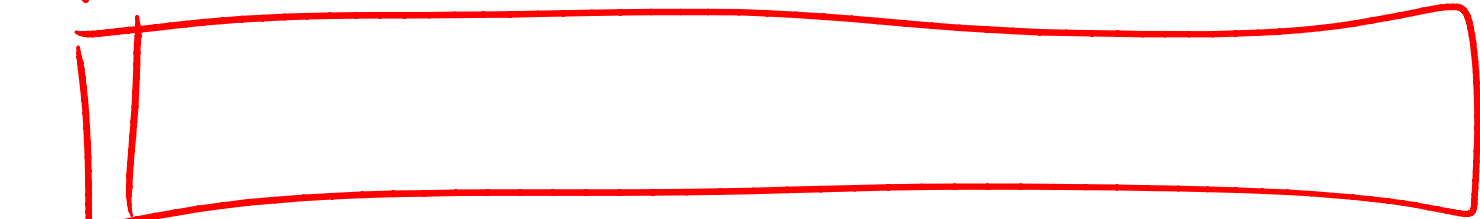
A common cause of PAGELATCH contention is in tempdb. An explanation of this is in my blog post at https://www.sqlskills.com/blogs/paul/the-accidental-dba-day-27-of-30-troubleshooting-tempdb-contention/.

The trace flags are:

       1118 – disables single page allocations in tempdb and all other databases

       3226 – prevents backups printing success messages in the error log

My advice is that every SQL Server in existence should have these two trace flags enabled.